Title: **Mitten Note Holder**

Life Skills Area: Communicating and Relating with Others

**LIFE SKILLS TAUGHT**
Making something decorative and useful
Communicating and relating with others
Careful use of basic household and art equipment and supplies

**MATERIALS NEEDED**
1. Colorful pieces of felt
2. Heavy paper
3. Bonding fabric
4. Iron and ironing board or other suitable surface
5. Mitten pattern, attached
6. Scissors
7. Spring clothespin
8. Low-temp hot glue gun and glue sticks
9. Self-adhesive magnetic strip
10. Fabric paint

**PROCEDURES**
1. Copy mitten pattern onto 3”X4” rectangle of heavy paper.
2. Using bonding fabric and hot iron, firmly attach paper (mitten pattern to outside) to felt following manufacturer’s instructions.
3. Cut out mitten along pattern line.
4. Hot glue clothespin to paper side of mitten along the length of mitten, with closure end at the fingertips and squeezing end at wrist.
5. Attach magnet to back of clothespin.
6. Decorate mitten with fabric paints (or other appropriate means).
7. Allow paint to dry.
8. May attach greeting to present with holder as a gift.
9. Place on refrigerator door or other family communication spot.

**DISCUSSION**
Positive, accurate, and dependable communication skills are one of the most basic and helpful of all life skills. Good communication is useful everywhere and with everyone. Written notes help family members know what is on our minds, where we can be found, and how much we love them.
HOME ACTIVITY
Write brief notes to family members to develop positive and reliable communication habits.