National 4-H Congress Application

Revised 11/2022

National 4-H Congress is a five-day event annually held over the Thanksgiving weekend. High school aged 4-H members are engaged in expanding their knowledge and skills in leadership, civic engagement, global awareness, and inclusion through Congress. Delegates participate in community service, educational workshops, experience world-renowned speakers and network with other 4-H members from across the United States. 4-H members learn to be more capable, competent, and caring citizens as a result of National 4-H Congress.

**Applicants must be in the 10th or 11th grade at the time of application with enrollment status as ACTIVE.**

Full Name:                      County:               

Name of Parents/Guardians:

Date of Birth (00/00/0000):                      Current Grade in School:

Other 4-H trips taken outside of Oklahoma:

***I have reviewed this application and prepared the required resume and essay to be considered as a delegate to National 4-H Congress.***

Applicant signature: Date:

Parent/Guardian signature: Date:

Educator signature: Date:

**Participation –** Delegate must attend the ENTIRE National Congress and travel to and from the event with the Oklahoma delegation. Delegate and parent/guardian must participate in a **MANDATORY** orientation.

**Trip Deposit** - The deposit is due on or before August 1 each year.

**Cost** – Each delegate is responsible for the portion of the trip not funded by the State 4-H Foundation and 4-6 meals not included in registration.

* All fees are non-refundable. If a delegate cancels after August 1, the delegate is responsible for reimbursing the 4-H Foundation the amount paid toward the delegate’s expenses.
* Actual costs is based on airfare, lodging, registration fees and tours.
* Annually the Foundation’s portion of cost is determined by the number of delegates.
* Check with your county Extension Office for local scholarships/financial assistance.
* OK 4-H *Rule of Law* scholarships are available through the State 4-H Foundation to assist with scholarships.

**To apply for National 4-H Congress complete:**

**Application** with appropriate signatures

**Personal Resume** (2 pages, functional format)

**Essay** – 1 page, double spaced, 12 pt font. Content of the essay: **“Why I want to attend National 4-H Congress. What I plan to do with the experience(s) when I return home.”**