Developing Olympians through Positive Youth Development

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Young people are not “clients” in the positive youth development (PYD) model but partners. Their families are not incidental to the process, their neighbors are not indifferent bystanders, and other community resources are not ignored. (Youth Development: On the Path Toward Professionalization, National Assembly, 1999)

Youth development programs prepare young people to meet the challenges of adolescence and adulthood through a planned, progressive series of activities and experiences, which help them find social, emotional, ethical, physical and cognitive abilities. In other words, Positive Youth Development (PYD) is all about developing the Olympian spirit!

(Continued on page 2)

2016 Tentative Schedule

- 8:00 am: Registration, Refreshments & Silent Auction
- 8:45 am: Opening Assembly - Room 313
- 9:15 am - 11:15 am: Workshop Session 1 - 1 hour
- 10:10 am: Break-Refreshments & Silent Auction
- 10:20 am - 11:15 am: Workshop Session 2 - 1 hour
- 11:30 am - 1:30 pm: 4-H Market Place - Youth Entrepreneurs Awards Luncheon-Live Auction, OSU Alumni Center
- 1:45 pm - 4:00 pm: Super Seminar - 2 hours with break or Workshop Session 3 - 1 hour
- 2:45 pm: Break-Refreshments & Silent Auction
- 3:00 pm - 4:00 pm: Workshop Session 4 - 1 hour
- 4:15 pm - 4:45 pm: Closing Assembly with door prize - Room 313
- 5:00 pm: Volunteer Board Meeting

Conferences Objectives:

- Developing Olympians through Positive Youth Development
- Learning by doing
- Life Skills Development
- Marketing 4-H
Developing Olympians continued

(Continued from page 1)

The state Parent-Volunteer Conference has four objectives:

**Developing Olympians through PYD** Challenging our members to be productive and constructive; while using and enhancing their strengths for the betterment of the family, club and community.

**Learn by Doing** Practicing the 4-H Experiential Learning Model in all programming, activities and events.

**Life Skills Development** Intentionally introducing planned life skills in the delivery of subject matter, club meetings and activities with the purpose of achieving specific results.

**Marketing 4-H** The newest 4-H marketing campaign is “4-H grows confident, capable, and caring kids with the life skills to thrive in today’s world and succeed in their boldest dreams for tomorrow.” How can you effectively reach youth, families, volunteers and the general public with this message?

Join us in Stillwater on June 25th to enhance or gain the knowledge and skills which will help you develop the Olympian spirit in the 4-H members in your life.

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**State Volunteer Board Members**

The State Volunteer Board plans and conducts the state and district PVC and serves the state 4-H program in an advisory capacity. Members are elected at the district level, typically at the district volunteer conference. Position descriptions and applications may be downloaded at [http://4h.okstate.edu/leadership/state-volunteer-board](http://4h.okstate.edu/leadership/state-volunteer-board).

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<tr>
<th>Southwest District</th>
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<th>Board Officers</th>
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<tr>
<td>Mike Klumpp</td>
<td>Jeanette Naugle</td>
<td>Debby Roggow, President</td>
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<tr>
<td>Sue Armstrong</td>
<td>Cindy Larson</td>
<td>Don Taylor, Pres-Elect</td>
</tr>
<tr>
<td>Michelle Stephens</td>
<td>Jamie Allen-Hitt</td>
<td>Sue Armstrong, Treasurer</td>
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<td><strong>Northwest District</strong></td>
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<tr>
<td>Debby Roggow</td>
<td>Angela Seal</td>
<td>Cindy Larson, Secretary</td>
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<td>Nancy Loveless</td>
<td>Don Taylor</td>
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**Multi-State Conference**

**for 4-H Volunteerism**

November 11-13, 2016

C.A. Vines 4-H Center, Little Rock AR.

This event is for 4-H volunteers, parents and extension educators wanting to learn fun, creative, innovative and effective best practices in working with today’s youth and families. It is also a great event to network with adults interested in growing youth, volunteers and the 4-H program. Sessions will be taught by experienced volunteers and extension staff. Cost is approximately $185 - includes meals, housing and programming. Please consider sending a team, a volunteer as a form of recognition, or participating for professional development/continuing education.

[http://4h.okstate.edu/volunteer-development](http://4h.okstate.edu/volunteer-development)
Workshops

Session 1 tentative schedule

Senior Record Books and Scholarship Opportunities
Insight into the process of developing a competitive State 4-H Record Book including formatting examples. Learn about the more than $100,000.00 in scholarships available each year through Oklahoma 4-H.

Make it with Wool
The Make It With Wool Contest has been promoting the beauty and versatility of American wool yarns and fabrics since 1947. This program encourages personal creativity in sewing, knitting, crocheting, spinning and weaving wool fabrics and yarns.

Hunger Hits Home
As hard as it may be to believe - one in four children in Oklahoma struggles with hunger on a daily basis. We will examine the challenges of food insecurity through an interactive Hunger Simulation, then discuss resources and opportunities to become a part of the solution.

S.P.I.N. Interest in your Club
Learn how to generate interest and grow a club, by utilizing community leaders and volunteers. SPIN is a way to get youth involved in “special interest” groups that are scheduled around a volunteers time and expertise.

What does Risk Management have to do with 4-H?
We want clubs to engage in a variety of activities that make 4-H fun, educational, and exciting. When planning activities we need to ensure that risks are minimized and properly managed. Most importantly, we need to ensure that our most critical assets - our 4-H members - are protected.

Session 2 tentative schedule

Starting a Shooting Sports SPIN Group/Club
Oklahoma 4-H Shooting Sports has the largest 4-H project enrollment. 4-H members find the nine shooting disciplines some of the most fun they have in 4-H. Learn how the shooting sports program works from the ground up—locally to state and national contests. You don’t have to be an experienced marksman to be a shooting sports volunteer.

Life-Skills through Livestock Skill-a-thons
Participants will complete a mini-livestock skill-a-thon using resources that are available to 4-H volunteers through the Oklahoma Cooperative Extension Service.

(Continued on page 5)
4-H Market Place
The 4-H Market Place is a venue which provides an entrepreneurial experience for 4-H members to present and sell merchandise which is 4-H project related or hand-made.

Through this experience 4-Her’s grow in the following areas:
- Financial Management
- Marketing Strategies
- Economic Awareness
- Responsibility
- Communication Skills

Vendors have the opportunity to showcase their business and sell their products during the luncheon at the Conoco Phillips Alumni Center. Afterwards, a FREE lunch will be provided to the youth vendors. At that time they will network with each other as they discuss their own business stories and the lessons learned through their entrepreneurial journeys.

Guidelines:
- Vendors must be a 4-H member
- $5 set-up fee per vendor (proceeds go to the Oklahoma Children’s Hospital.)
- Set-up 11-11:30 am—Take-down 1:30—2pm
- Vendor provides one Power Point slide promoting their business/products.
- Vendors are responsible for setting their prices and handling sales/transactions.
- One skirted 8 foot table with table cloth provided.
- All items sold must be hand-made or project-related.
- Space will be limited to 12 tables and vendors may share a table.

To register contact Stephanie Weckler at weckler@provalue.net or 580-340-1094.

Super Seminar
Participants will receive 2 hours of more in-depth training.

Session 3 & 4 tentative schedule

Electric circuits and textiles— surprising partners, fun results  Learn basic electric principles and design a textile-based circuit that lights up. Go home with a light-up bracelet and an easy-to-share project. Supply fee of $10.

4-H Volunteers: Sharing our Stories
October 6-9, 2016
Rock Eagle 4-H Center, Eatonton, Georgia

The 4-H Volunteer Conference of Southern States is designed to engage 4-H volunteers and staff across the southern region, in contemporary educational opportunities, that will impact, enhance and foster quality, excellence and achievement in the essential elements of youth development programming.

The mission of the conference is provide experiential educational opportunities to 4-H volunteers and staff across the southern region, which are designed to improve the quality of 4-H programming in their own activities, projects, clubs and communities.

http://vcoss.weebly.com
(Continued from page 3)

The species to be included: swine, sheep, goats, and cattle. Volunteers will learn how to successfully plan and conduct a livestock skill-a-thon. Volunteers will also see how parts of the skill-a-thon can be used in a club setting as an educational program for a 4-H meeting.

Special Interest Clubs and Curriculum—Spinning the Olympic Rings Are you searching for something new? Trying to SPIN your club in a new direction? Looking for that lesson plan that your members will enjoy and learn something new? This session will introduce STEM lessons which are experiential, hands-on, fun and engaging. Come experience this material first hand and see how you can apply it to your club or future SPIN club/group.

Food Showdown 101 If you want to learn from a volunteer who has had a National Winning Food Showdown team then this is the workshop. We will go over the basics—where to start with the team, the material that is available, and leaving time for a question and answer session. The instructor has a Master’s in nutrition and has been a dietician at a hospital for several years. Come with questions about how to get started.

Making Community Service Work for Your Club Want to boost community service participation in your club? Join me to learn how to implement a community service project from start to finish in your club. Using my 20 years of experience, I will offer tips about marketing and networking your 4-H program in the community.

Team Building on a Duct Tape Budget The facilitation of team building does not require the use of a ropes course or a high dollar kit. Many facilitation activities can be created from common household items such as duct tape. Successful facilitation of teambuilding activities comes not from the activity but through the transfer of learning from the activity to real world experiences.

Session 3 tentative schedule

4-H Still Exists? Why, Yes it Does! You would think that an organization that’s been around nationally for 114 years wouldn’t have any problem getting noticed. However, in our fast paced world it still does. 4-H is often a community or county’s best kept secret. Help your 4-H members, volunteers and Educators get the word out about all the great things 4-H does and has to offer.

Small/Companion Animal Skill-a-thons Participants will complete a small animal/companion animal skill-a-thon using resources that are available to 4-H volunteers through

(Continued on page 6)
the Oklahoma Cooperative Extension Service. Volunteers will learn how to successfully plan and conduct a small animal/companion animal skill-a-thon. Volunteers will also see how parts of the skill-a-thon can be used in a club setting as an educational program for a 4-H meeting.

**Picture Perfect YOUth: Personal Development Project**
Introducing a new curriculum which includes personal development, heritage scrapbooking, and scrapbooking to teach youth about appreciating themselves, their family and their heritage. Come and learn about this exciting new resource and how you can implement it in your club or county.

**Rabbit Know How**
Want to learn how to start a Rockin Rabbit Club? This workshop will give you some tips on what to teach, where to find information and tips on getting a rabbit club started. We will also review the life skills learned while owning a rabbit and tips for showing rabbits.

**The Art of Teaching Kids (and Crusty Old Codgers)**
Good teaching does not come naturally or easily to anyone, even to those who seem to have a gift for it. In this presentation you will be introduced to

For full size registration form and other conference updates please see the Oklahoma 4H web page:
http://4h.okstate.edu/volunteer-development

Design will be on the back of the shirt.

**Conference T-shirt $16. Color: Gray**
Payment due with enrollment. Make a separate check payable to the **Oklahoma 4-H Foundation.**

*No Shirts will be sold on site or after May 27th*
methods to help you be more effective... a fun and engaging manner.

**Session 4**
tentative schedule

**Beyond the Range—Expanding Your Shooting Sports Project** Expand the shooting sports project experience by going beyond the range with ideas and examples of shooting sports activities, fair exhibits and working displays.

**Making Visuals as Good as Your Ideas** Learn the basics of layout and design to help guide 4-H’ers in creating effective posters, flyers and other communication materials used in project work.

**Hats on for 4-H - Identifying 4-H project resources is an important part of 4-H Club program planning.** There are many people in our communities that wear a variety of different hats. As 4-H Club Members and 4-H Volunteers plan their Club year, this workshop will identify the type of hats people wear in their community and the resources they could bring to the local 4-H Club program.

“Growing Your 4-H Photography Project Beyond the Fair” The 4-H Photography project should be more than just pushing the shutter button. With the advent of camera phones and easy to use digital cameras, members are ready to move forward putting their skills into action. Workshop attendees will learn more about photography clubs/project groups, service projects and other activities that take their project to the next level.

**4-H Manuals, Grab & Go’s, and Activities . . . Oh My!** Come discover 4-H curriculum materials. We will be introducing new curriculum materials, revisiting some “oldies but goodies” and mapping where to find these materials for you and your members. This workshop will be hands-on and allow you to explore educational materials and activities that can easily be incorporated in to a 4-H program.

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**Volunteer Certification**
- To ensure a safe environment for youth involved in OCES 4-H Youth Development programs.
- To provide volunteers with training which supports positive youth development, the 4-H mission and strengthens liability coverage for volunteers under the State of Oklahoma Governmental Tort Claims Act.
- To maintain certification: participate in four (4) continuing education opportunities per year, Working with Minors an Title VI & IX training. A minimum of two trainings must be at the county level.

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**Early bird registration $40, if registration arrives on or before May 27.**

No t-shirt orders taken after May 27.

**Registration $50 for mail arriving after May 27.**
4-H Parent-Volunteer Conference

2016 Enrollment Form

Instructions: Please complete enrollment form. Teens or adults attending the conference must be registered to attend workshops. Nametags will be checked for admittance. All fees are due with enrollment form.

Please Print - (One form per participant. Make copies as needed.)

Name: ___________________________ County: __________ District: __________
Address: ______________________ City: __________ State: ___ Zip: _________
Email Address: ______________________
(H) Phone: ______-____-____ (W) Phone: ______-____-____ (C) Phone: ______-____-____
Special dietary needs? Specify __________________________

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<th>Cost</th>
<th>Total</th>
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<tbody>
<tr>
<td>Early Bird Registration - (Postmarked by May 27, 2016) Luncheon, breaks, equipment, facilities and materials.</td>
<td>$40.00</td>
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<td>Before May 27</td>
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<tr>
<td>Full Conference Registration - Luncheon, breaks, equipment, facilities and materials.</td>
<td>$50.00</td>
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<td>After May 27</td>
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<td>Honoree-registration includes breaks and materials. Lunch is complimentary.</td>
<td>$20.00</td>
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- □ Volunteer of the Year
- □ Life Time Volunteer Award

Extra Lunch Ticket(s) - Honorees w/ complimentary guest-Do NOT pay for the complimentary guest List the names of all guests:
Complimentary Guest ____________________________ Quantity ________
Paying Guest ____________________________ @ $12 each

Total Amount Due

Check Payable to 4-H Conferences

Do not write one check for enrollment and a t-shirt. It will be returned and your registration delayed.

Volunteer T-shirt - All profits from shirts goes to a scholarship fund for adult volunteer development. NO shirts will be for sale on site. Pre-orders only.

Note the number of shirts according to size in the appropriate box(s) below.

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<tr>
<th>SM</th>
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<td>@ $16 each</td>
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No shirt orders will be taken after May 27, 2016.

T-SHIRT PAYMENT-Check payable to Oklahoma 4-H Foundation

IMPORTANT-Do not write one check for enrollment and a t-shirt. It will be returned and your registration delayed. We MUST have two separate payments.

Pre-conference Interest Survey

Workshop Presenters need to plan for potential numbers/attendees. In order to do this, please mark workshop preferences, you are not limited to one per session. Workshops with little interest may be cancelled.

In no way does the survey provide pre-enrollment in a workshop.

Workshops

Session 1
- □ Sr. Record Books & Scholarship
- □ Make it with Wool
- □ Dutch Oven Cooking and Contests
- □ Hunger Hits Home
- □ SPIN Interest in your Club
- □ What does Risk Manag. have to do with 4-H?

Session 2
- □ Starting a Shooting Sports SPIN Group/Club
- □ Livestock Skill-a-thons
- □ Special Interest Clubs and Curriculum—Spinning the Olympic Rings
- □ Food Showdown 101
- □ Making Community Service Work for Your Club
- □ Team Building on a Duct Tape Budget

Super Seminar Session 3 & 4
- □ Electrical Circuits and Textiles-supporting partners fun results (Additional $10 fee paid on day of Seminar)

Session 3
- □ 4-H Still Exists? Why, Yes it Does!
- □ Small/Companion Animal Skill-a-thons
- □ Picture Perfect YOUth: Personal Development Project
- □ Rabbit Know How
- □ The Art of Teaching Kids (and Crusty Old Codgers)

Session 4
- □ Beyond the Range—Expanding Shooting Sports Project
- □ Making Visuals as Good as Your Ideas
- □ Hats on for 4-H
- □ Growing Your 4-H Photography Beyond the Fair
- □ 4-H Manuals, Grab & Go’s, and Activities . . . Oh My!