

Oklahoma Volunteers 

DARE

DREAM

DO

Registration 4-H Parent-Volunteer Conference and Pre-Conference

June 21 22, 2024

OSU Campus, North Classroom Building
Stillwater, OK

Workshops will better prepare parents, volunteers, and Extension staff to engage and retain youth in the 4-H youth development effort.

Registration Options:

- Pre conference and Conference \$70
- Conference ONLY \$50

Registration
and
payment
due on or
before
June 3rd.



https://4h.zsuite.org/external_event_registration/29016

June 21 Pre-conference Workshops – Select one in-depth workshop for the day. Participants will return home with the tools necessary to implement programming in their club, classroom, or community.

- No “Dough” about It! It’s Science and Art!
- Photography a Science and an Art!

June 22 Conference

- Fifteen (15) unique workshops opportunities.
- Super Seminar – Chris Clover can Dare, Dream, and Do in 4-H
- 4-H Marketplace
- Volunteer Recognition Luncheon

******Persons with disabilities who require alternative means for communications, program information or reasonable accommodations, need to contact Karla Knoepfli at (405) 744-8882 or karla.knoepfli@okstate.edu at least two weeks prior to the event.



T-shirt with conference logo \$15.
Order online with QR Code.

Thank you for
supporting OK 4-H
Volunteers



OKLAHOMA
4-H FOUNDATION

Oklahoma Volunteers:

2024 Conference Objectives

Dare to

- Believe in themselves and are willing to learn and grow.
- Commit to 4-H positive youth development.
- Share time, talents, and resources.
- See opportunities and accept challenges.

Dream to

- Envision a better future for their communities.
- Transform their visions and those of others into reality through 4-H clubs, project groups, and project work.

Do with

- A sense of purpose, creativity, and hope.
- Healthy habits and attitudes.
- The courage and confidence to help youth pursue dreams by developing goals, challenging personal growth, resiliency, and perseverance.

Pre-Conference June 21

9 am	Registration – North Classroom Building
9:30 – 11:30 am	No “DOUGH” ABOUT IT! IT’S SCIENCE AND ART! Bread has been an essential part of human history and every culture. Join us in a day of exploration, experimentation, and excitement in the Food and Agriculture Product Center (FAPC) taking a closer look at the 4-H Bread and Wheat Science project areas. Become a scientist in the Milling and Baking lab! The workshop will include a tour of FAPC where you will see how other 4-H projects areas such as Entrepreneurship, Meat Science, Horticulture, and Food Science provide many opportunities for youth to explore food industry careers while growing their knowledge and skills. ** Food Allergies: The day will be spent in a facility where you may encounter wheat, gluten, and peanut residue. PHOTOGRAPHY A SCIENCE AND AN ART! - Kids, cameras, and computers are a colossal combination for encouraging creativity and communication. Join us in exploring simple ways to develop lessons that help youth to recognize, understand, and apply the elements and principles of design; understand and use the basic functions of a digital camera phone; and explore simple editing software. It’s a surprisingly simple way to encourage an explosion of creativity and artistic expression with our youth audience.
11:30 am – 12:45 pm	Lunch on your own
1-3 pm	No “DOUGH” ABOUT IT! IT’S SCIENCE AND ART! - continues PHOTOGRAPHY A SCIENCE AND AN ART! - continues
3:30 – 4:30 pm	4-H Curriculum Roundtables – Quick introduction to a variety of great resources.
4:30 – 5 pm	Mix and Mingle – Time to network with new friends, ask questions, and/or share resources.

Conference June 22

8:15 – 8:45 am	Registration – North Classroom Building
9 am	Welcome – Mandy Schroeder, Oklahoma State 4-H Volunteer Board President
9:15 – 10:15 am	Super Seminar – <i>Chris Clover can Dare, Dream and Do in 4-H</i> Parents and volunteers are often challenged with how to guide youth in their 4-H experience. Through a series of vignettes, our own 4-H Chris Clover will fast forward through his 4-H experience by visiting a variety of people who helped him gain life skills and enjoy his project work along the way.
10:30-11:30 am	Workshop Session 1 Building Effective Youth and Adult Partnerships – Extraordinary things happen when youth and adults learn and work together as a team in the 4-H positive youth development effort. Working with teens can be fun, exciting, and novel! The process is slower and has great benefits if we don’t get caught in a power struggle or just give up and do it ourselves. Youth-Adult Partnerships (YAP) are key to a healthy 4-H club and program. This session will focus on ways adults can foster effective relationships which genuinely and respectfully involve young people in the decision-making process.

Fowl Focus: Starting or Improving Poultry Programs - An interactive workshop designed to equip participants with the knowledge and skills needed to establish or enhance poultry programs in the club, county, or community. Join us and be ready to Dare, Dream and Do with a poultry program!

From Crickets to Clicks: Level Up Your 4-H Club's Social Media Game! - Struggling to gain traction on social media for your 4-H club? Join us for strategies to up your game! You'll learn creative content ideas and techniques to boost engagement, likes, shares, and followers. Discover how to showcase your club's activities, achievements, and impact, leaving you equipped to connect with your audience.

Leveraging Canva - Learn how to take your Canva experience to the next level! This workshop will cover best practices, helpful reminders and how to best use Canva to create graphics and visuals that stay true to the OSU brand.

Trick or Treating for Canned Goods - This is not your typical food drive. Learn a fun way to collect canned goods and non-perishable items. Trick or Treating for Canned Goods has been a successful service project for the Wilson 4-H Club since 2018. Join the fun and get your club Trick or Treating for Canned Goods.

Noon – 1 pm

Volunteer Recognition Luncheon – Conoco-Phillips Alumni Center
4-H Marketplace – Youth 4-H Entrepreneurs

1:30 - 2:30 pm

Workshop Session 2

Club Management with ZSuite – Club Leaders and Extension educators will learn the power of using ZSuite© for managing their club. ZSuite is an easy one-stop-shop for club leaders and 4-H families! Explore how the system will allow volunteers to view club member information (like projects and contact info), post announcements, share club files, post club events, and run member reports.

Dynamic Experiences: Unleashing Potential Through the 4-H Experiential Learning Model – At the center of **all** project work and educational experiences sits the dynamically powerful 4-H Experiential Learning Model. It has transformative power when applied to a club, project work, and activities! Join us for an interactive workshop where volunteers will explore hands-on activities while learning to master the five steps essential for engaging youth and fostering positive youth development.

Get Fit 4 Life - Join us to see the newly revised Get Fit 4 Life curriculum. This Oklahoma developed curriculum would be a great addition to your club's meetings or summer programming. Get Fit 4 Life educates youth on MyPlate and the components of a healthy diet. This program also empowers youth with skills to read labels, appropriate serving sizes and how to identify sugars and fats in ingredient lists. Each of the eight lessons also includes a related physical activity, perfect for getting youth moving!

Grab & Go for 4-H Fun – Have you ever been in the situation where your club is meeting this afternoon and the presenter has the flu? Join us in exploring a resource with fun and educational grab & go lessons great for those unexpected challenges.

Oklahoma Historical Society-Daring to Connect Today's Youth with Oklahoma History – A simple *hands-on* rag doll presentation can demonstrate the power of living history. The Oklahoma Historical Society has 20+ museums and sites throughout the state which can connect young people with tangible reminders of the past. Join us to learn more about the valuable resources connecting youth to history through civic engagement.

2:45 - 3:45 pm

Workshop Session 3

Behold, the Mighty Cloverbud! - Don't discount the Cloverbud or their programs. There is so much to be learned from 5–7-year-olds. The workshop will encourage you to begin a county program, incorporate Cloverbuds into existing programs, or be inspired to use the non-competitive experience to challenge the leadership skills of older members. Leave with 3 cloverbud plans ready to start next year.

Hands to a Larger Service: Navigating Leadership Challenges as a Volunteer - Volunteers who serve a 4-H club or project group often have no prior background or experience on youth development or the challenges that a club leader/project leader may face. This workshop will help 4-H volunteers identify the skills and tools needed to create and maintain a healthy environment.

Making The Best Better through Fun and Enlightening Games – Participating in enjoyable activities makes us more pleasant to be around. Doing activities and playing games with others can create lasting memories for our members. Rather than talk about how to make your meetings more fun, let's play and facilitate games that focus on creating a positive environment while improving communication skills.

Shutter Savvy: Improving Photography with Your Smartphone – Let's discover the full potential of your smartphone camera! Explore mobile photography's art and science, master composition, lighting, editing tools, and creative strategies. Transform your smartphone into a powerful creative tool. No prior experience needed—just bring your passion for visual excellence!

Space Explorers - Take your 4-H'ers on an exciting space adventure! Preview this new curriculum and learn ways to implement lessons at club meetings or through school enrichment programs. Learn how NASA studies planets as you make observations, build rockets, design and test rovers, and search for life in this hands-on workshop.

4:00-4:30 pm **Closing Session**



Marketplace
Registration

The **4-H Marketplace** is an entrepreneurial experience for 4-H members to showcase their business and sell merchandise related to their 4-H project. Registration deadline May 20.

Guidelines - <https://4h.okstate.edu/volunteers/parent-volunteer-conferences/>

Registration – Use the QR code or

https://okstatecasnr.az1.qualtrics.com/jfe/form/SV_1MnsMslO6skxjZs

Questions? 405-744-8882 or
karla.knoepfli@okstate.edu



The Parent-Volunteer Conference
is brought to you
by the Oklahoma 4-H Volunteer Board.

Spending the night In
Stillwater?
Check out hotels,
food, and more at

