Chicken Cheese Quesadilla

Ingredients:

• 2 Oz of chicken
• 1 tablespoon of onion (optional)
• 1/2 cup of shredded cheese
• 2 small tortillas
• 2 teaspoons of taco seasoning

Directions:

1. Start by chopping the onion set aside.
2. Start cooking chicken in a skillet. Once cooked remove chicken and cut into small pieces and add the onion into the skillet and sauté.
3. Remove the onion and put into a small bowl with chicken and add in the taco seasoning and mix.
4. Lay down one tortilla into the skillet add the chicken mixture, add the cheese on top, then put the other tortilla on top.
5. Cook in the skillet until cheese is melted flip half way through. Remove from pan cut into 4s and enjoy.