



# OKLAHOMA 4-H

## *At a Glance*

### OUR MISSION

To provide Oklahoma youth, families and communities with educational programs that will create environments for diverse audiences of youth and adults to reach their fullest potential. In support of this mission, we:

- provide community-based experiential learning.
- help youth develop skills that will benefit them throughout life.
- foster leadership and volunteerism.
- strengthen families and communities.

### OUR VISION

Through Oklahoma 4-H, youth will feel valued and empowered as a resource in their communities, practice effective decision making skills, feel personal pride that comes from achievement and be environmental stewards.

### OUR FOCUS

Oklahoma 4-H focuses on three mission mandates: citizenship, healthy living and science and technology. Citizenship programs empower youth to be actively engaged in their communities. Youth learn the importance of physical, mental and emotional health through healthy living programs. Science and technology programs provide hands-on activities for youth to expand their knowledge in the areas of science, technology, engineering and mathematics.



*Citizenship*



*Healthy Living*



*Science & Technology*

# INVOLVEMENT

Youth ages 8 by Aug. 1 and in the 3rd grade through 12th grade can be 4-H members. Most counties offer a noncompetitive program called Cloverbuds for youth ages 5 to 7. Adult volunteers and Extension educators who work for the Oklahoma Cooperative Extension Service supervise all 4-H activities. Parents are encouraged to take an active role by serving as project leaders or volunteers.

## The 4-H Pledge

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country, and my world



# OPPORTUNITIES

In Oklahoma 4-H, youth can grow in exciting projects such as public speaking, horticulture, animal science, shooting sports, photography, robotics, child care and more.

Youth also have the opportunity to participate in competitions, hold leadership positions within their local, district and state programs, attend state and national trips and earn college scholarships.

# HOW TO JOIN

4-H programs are available in every county in Oklahoma. Your county Cooperative Extension Service office is your resource for getting involved in 4-H. There is a \$20 per year program fee to join Oklahoma 4-H. This fee helps to maintain a high quality program for youth and volunteers. No one will be denied participation in 4-H due to the inability to pay.

# CONTACT US



[4H.OKSTATE.EDU](http://4H.OKSTATE.EDU)

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