

## 2024 Oklahoma 4-H Outdoor Adventure Backpacking Program Information and Application

If you want ADVENTURE...THINK 4-H!

If you want a CHALLENGE...THINK 4-H!

If you want the ULTIMATE EXPERIENCE...THINK 4-H OUTDOOR ADVENTURE!

Interested in a challenge? One that requires outdoor skills in backpacking, camping, compass/map reading, outdoor cookery, safety and working with other people? A challenge demanding physical conditioning to take on mountain hikes of 4-5 miles a day? The 2024 4-H Outdoor Adventure Program can offer you those challenges. Crews made up of 4-H youth and adult volunteers from across the state will have the opportunity to experience this unique and challenging program.

The 4-H Outdoor Adventure Program is an outdoor leadership program designed for teens with adult guidance. The purpose is to develop character and integrity in young people through teaching teamwork, leadership and outdoor skills; and allows them to share their knowledge and skills with others. It provides participants the opportunity to see themselves from an entirely new perspective. Experiencing the challenge of the out-of-doors, participants grow personally, developing an understanding of themselves and their limitations. By being a member of a crew, they learn to understand and appreciate the needs of others and their team. Involvement in the program instills a new respect for the natural environment, and helps participants encompasses many 4-H project area and develops in young people an appreciation for and respect of the outdoors, animal life and other areas of nature.

Required two and one-half days shakedown training will be held April 26-28, 2024 for participants. The trip will take place June 23-29, 2024 going to southwest Colorado (Durango area) completing a whitewater rafting trip and day hikes in the beautiful Rocky Mountains. Youth must be 14 years of age before January 1, 2024.

WHO: Youth 14 years of age before January 1, 2024.

DATES: April 26 - 29, 2024 - Shakedown Training - west side Lake

McMurtrey (near Stillwater, OK).

June 23 – 29, 2024 - trip to Southwest Colorado, whitewater rafting and day hiking while tent camping at Chris Park.

COST: \$650.00 per participant. Cost includes shakedown

training, transportation, meals at shakedown and on the June trip, lodging, whitewater rafting and insurance. (Participants are responsible for one meal during the June trip).

APPLICATION DEADLINE:

April 11, 2024 is the application deadline. Applications will be accepted on a first-come, first-served basis. Open to the first 25 people to apply. There is a \$150.00 registration fee (Registration fee is NON-REFUNDABLE unless the trip is canceled due to lack of participation).

FINAL Due June 6, 2024. The final payment is \$650 minus the PAYMENT: registration fee and any other payments made towards the trip.

registration fee and any other payments made towards the trip. Submit final payment to Oklahoma County OSU Extension 2500

NE 63rd St, Oklahoma City, OK 73111.

NOTICE: Due to the nature of Outdoor Adventure, trip details are subject to

change.

MORE Contact State Outdoor Adventure Leader Brad Elliott at

INFORMATION: 405-234-6140 or elliottbtj@yahoo.com

## Oklahoma 4-H Outdoor Adventure Youth / Adult Basic Registration Application

Please return OK 4-H High A Oklahoma Co 2500 NE 63rd Oklahoma Cit	Adventure Pro unty OSU Ext	0	eturn to:
County			
Full name	First	Last	T-Shirt Size
Youth		l Volunteer Certified)	Birth Date
Home Address Street City State Phone E-mail	<b>ss</b> Zi	p	
Emergency In Person to con Emergency Prostreet City State E-mail	tact		
<b>\$150 Registration Fee is due with application.</b> Registration fee is NON-REFUNDABLE unless application is not accepted or the trip is canceled due to lack of participation or acts of nature. <b>Make checks payable to: Oklahoma County OSU Extension</b>			
Participant Signature			Date
Parent/Guardian Signature			Date
County Exter	nsion Educat	or Signature	Date