

# Fun Under the Sun

### **OVERVIEW**

One of the best parts of camping is always the interactive sing alongs! Whether you know the words by heart or are just learning, it can be enjoyable for everyone! Follow along with these interactive camp songs. You will also discover some tips and tricks for applying bug spray and sunscreen. These are two vital supplies on any camping adventure!

### **Grey Squirrel**

Grey squirrel, Grey squirrel! (bounce up and down with the words)

Shake your bushy tail! (shake your backside)

Grey squirrel, Grey squirrel!

Shake your bushy tail! (shake your backside)

Wrinkle up your little nose!(poke your nose)

Put an nut between your toes (touch your toes)

Grey squirrel, Grey squirrel!

Shake your bushy tail! (shake your backside)

Keep repeating the lyrics, saying them faster each time.

# **The Vowel Song**

I love apples and bananas,
I love apples and bananas,

( change the vowel to A)

I lave ay-ples and ba-nay-nays,
I lave ay-ples and ba-nay-nays,

(change the vowel to E)
I leve ee-ples and bee-nee-nees,
I leve ee-ples and bee-nee-nees,

(change the vowel to I)
I live ite-iples and bi-ni-nis
I live ite-iples and bi-ni-nis

(change the vowel to O)
I love op-oples and bo-no-nos,
I love op-oples and bo-no-nos,





# ACTION SONG

## **The Rain Song**

Just singing in the rain, just singing in the rain What a gloriousl feeling, I'm- arms out!

Just singing in the rain, just singing in the rain What a glorious feeling, I'm- arms out, thumbs up!

Just singing in the rain, just singing in the rain
What a glorious feeling, I'm- arms out, thumbs up, elbows in!

Just singing in the rain, just singing in the rain
What a glorious feeling, I'm- arms out, thumbs up, elbows in, knees together!

Just singing in the rain, just singing in the rain
What a glorious feeling, I'm- arms out, thumbs up, elbows in, knees bent!

Just singing in the rain, just singing in the rain

What a glorious feeling, I'm- arms out, thumbs up, elbows in, knees bent, knees together!

Just singing in the rain, just singing in the rain
What a glorious feeling, I'm- arms out, thumbs up, elbows in, knees together, toosh out!

Just singing in the rain, just singing in the rain

What a glorious feeling, I'm- arms out, thumbs up, elbows in, knees together, toosh out, tongue out!

Just singing in the rain, just singing in the rain, what a glorious feeling, just singing in the rain.







# AFRICAN THUMB PIANO

#### **MATERIALS NEEDED**

Cardboard Box

Scissors

Tape

**Bobby Pins or Paper Clips** 



### **STEPS**

- Step 1: Draw a circle about the size of your palm on the cardboard box.
- Step 2: Cut out the circle. Decorate the box if you wish.
- Step 3: Take bobby pins or paper clips and bend them open. Tape them to the box so that the end is reaching over the opening of your circle.
  - Step 4: Play your piano!







SAFETY FIRST

### **MATERIALS NEEDED**

Sunscreen

**Insect Repellent** 

### Sunscreen

Always apply your sunscreen before your repellents

Apply the sunscreen to both arms, legs, and anywhere that may be exposed to the sun's hot rays

Do not apply in circular motions, as this could waste product. Instead, apply in long strokes or lines across the surface of your skin.

Avoid contact with eyes and mouth

## **Insect Repellent**

Never spray against the wind, you will lose product and risk missing critical areas Use the wind to your advantage, spray with the current to help move along product

Spray 3-5 inches from skin surfaces

Make sure to cover both front and back of all areas, don't forget the ankles and elbows!

Resources: <u>Benton County 4-H Youtube Video</u>, <u>Daily Sabah</u>, <u>Instructables Living</u>, <u>Mother Earth News</u>, <u>Penn State Extension</u>, and <u>Virginia 4-H Camp Songs</u>.





