



4-H Shooting Sports Instructor Training

Certification Training for 4-H Adult Volunteers in the 4-H Shooting Sports Program



- Date:** **March 29-30, 2025**
- Location:** Oklahoma City Gun Club
- Cost:** Registration fee covers instructor manual, class materials, meals, snacks and insurance - \$100.00
- Courses** Shotgun, Archery, Rifle/Pistol, Muzzleloader, Hunting Skills, Western Heritage

MAKE CHECKS PAYABLE TO: 4-H Conferences

Curriculum: Based on the National 4-H Shooting Sports Curriculum materials. Training will be offered in the following disciplines: **Shotgun, Archery, Rifle/Pistol, Muzzleloader, Hunting Skills, Western Heritage**, shooting disciplines. Adult volunteers may enroll in one discipline and receive discipline training that qualifies them to instruct 4-H members in their home county or serve as the county's shooting sports program coordinator. These instructors will broaden the base of the OK 4-H Shooting Sports Program.

Why Participate: The 4-H Shooting Sports program is one of the largest 4-H programs in the nation. Community based and family oriented, the 4-H Shooting Sports program offers a diverse curriculum that not only helps young people develop good citizenship, personal responsibility, and leadership skills but also teaches shooting safety and gun owner responsibility. Leaders will be trained to help youth learn self-discipline, sportsmanship, ethical behavior, and an appreciation for the great outdoors.

Requirements: Shooting Sports Instructor Training Participants must be a certified 4-H Volunteer in their home county. All adults serving as county coaches in any discipline or as the county coordinator of the 4-H Shooting Sports Program must complete and pass the entire training in their discipline or as a coordinator and the Youth Development/Risk Management component. **The instructor in each class reserves the right to NOT certify a person if he/she feels the candidate will not be a competent instructor or coordinator.**

To Register: Registration must be **received by March 17, 2025** and will be emailed to ruth.pratt@okstate.edu and mailed to the State 4-H Office 293 Agricultural Hall Stillwater, OK 74078. The following documents are required to register for this event and your registration won't be counted until MONEY (COUNTY **AGENCY CHECKS ONLY**) is received!

- Instructor Workshop Application (1 page) ***Signed by Extension Educator***
- Registration Fee \$100 – Make county agency check payable to **4-H Conferences**
- Adult Medical – Form 4 (2 pages)



Registration Fee: Includes: Coach's shooting discipline notebook
Ammunition and targets for Rifle/Pistol, Muzzleloader, Hunting Skills and Shotgun
The use of firearms and bows
Workshop materials and Level 2 Instructor Accommodations
Accident Insurance
Meals: Lunch & Dinner on Saturday and Lunch on Sunday. Refreshments and drinks

Schedule: Attached is the schedule for the two-day training. Registration: **Saturday, March 29th** will start at **8:00 a.m.** Instruction in the disciplines will continue on **Sunday, March 30th at 8:00 a.m. until 3:30 p.m.** Each National Certified Instructor will administer a discipline Practicum Readiness Session and certification written assessment. Satisfactory students will graduate at the conclusion of hands on training and assessment.

Safety Equipment: All participants should bring their own **eye protection** (shooting glasses) and ear plugs. Dress for the weather as you will be outside the majority of the time. Bring a water bottle to keep with you.

For More Info:

Ruth Pratt
State 4-H Shooting Sports Coordinator
Ruth.pratt@okstate.edu
405-744-8886

Joni Brandenburg
Administrative Support Specialist
joni.brandenburg@okstate.edu
405-744-8885



Discipline Descriptions

SHOTGUN

Prerequisites: Certified 4-H Volunteer in Oklahoma prior to teaching, no felony convictions

Required training: 16 hours of shotgun discipline instruction plus 3 hours 4-H Youth Development and Risk Management instruction. After passing training, instructors can: Teach youth 4-H age of 10 and up in shotgun. Depending on district, related 4-H events include invitational, district, and state shoots.

Maintain Certification: 4-H Shooting Sports instructor must teach or assist in teaching a class every two years or assist with state contests AND report the classes to your county Extension Educator.

Minimum Attendance: 5

Maximum Attendance: 10

ARCHERY

Prerequisites: Certified 4-H Volunteer in Oklahoma prior to teaching, no felony convictions

Required training: 16 hours discipline instruction plus 3 hours 4-H Youth Development and Risk Management instruction. After passing training, instructors can: Teach youth ages 9 and up in compound, recurve and Genesis archery. Depending on district, related 4-H events include invitational, district, and state shoots in indoor, Field Round, FITA, and 3D shoots.

Maintain Certification: 4-H Shooting Sports instructor must teach or assist in teaching a class every two years or assist with state contests AND report the classes to your county Extension Educator.

Minimum Attendance: 5

Maximum Attendance: 12

RIFLE/PISTOL (Air and .22)

Prerequisites: Certified 4-H Volunteer in Oklahoma prior to teaching, no felony convictions

Required training: 16 hours of pistol/rifle discipline instruction plus 3 hours 4-H Youth Development and Risk Management instruction. After passing training, instructors can: Teach youth ages 9 and up in air rifle and ages 12 and up in .22 rifle (after having completed air rifle training). They can also teach youth 4-H age of 12 and up in air pistol and 4-H 14 and up in .22 pistol (after having completed air pistol training). Depending on district, related 4-H events include invitational, district, and state shoots.

Maintain Certification: 4-H Shooting Sports instructor must teach or assist in teaching a class every two years or assist with state contests AND report the classes to your county Extension Educator.

Minimum Attendance: 5

Maximum Attendance: 12



Discipline Descriptions

MUZZLELOADER (Black Powder)

Prerequisites: Certified 4-H Volunteer in Oklahoma prior to teaching, no felony convictions

Required training: 13 hour muzzleloader discipline instruction plus 3 hours 4-H Youth Development and Risk Management instruction. After passing training, instructors can: Teach youth 4-H age of 14 and up. Depending on district, related 4-H events include invitational, district, and state shoots.

Maintain Certification: 4-H Shooting Sports instructor must teach or assist in teaching a class every two years AND report the classes to your county Extension Educator.

Minimum Attendance: 3

Maximum Attendance: 6

HUNTING SKILLS

Prerequisites: Certified 4-H Volunteer in Oklahoma prior to teaching, no felony convictions

Required training: 13 hours of hunting skills instruction plus 3 hours 4-H Youth Development and Risk Management instruction. After passing training, instructors can: Teach youth ages 10 and up in hunting skills (instructors will NOT be certified in live fire activities through this discipline training). Events for this discipline include the state event.

Maintain Certification: 4-H Shooting Sports instructor must teach or assist in teaching a class every two years or assist with state contests AND report the classes to your county Extension Educator.

Minimum Attendance: 3

Maximum Attendance: 10

WESTERN HERITAGE

Prerequisites: Certified 4-H Volunteer in Oklahoma prior to teaching, no felony convictions

Required training: 16 hours of western heritage instruction plus 3 hours 4-H Youth Development and Risk Management instruction. After passing training, instructors can: Teach youth ages 12 and up in western heritage and age 9 and up in living history (Western Heritage and Cowboy Action: Youth certified in this discipline are not certified in .22 Pistol, .22 Rifle or Shotgun upon being certified in Western Heritage and Cowboy Action.). Events for this discipline are being developed.

Maintain Certification: 4-H Shooting Sports instructor must teach or assist in teaching a class every two years or assist with state contests AND report the classes to your county Extension Educator.

Minimum Attendance: 3

Maximum Attendance: 10



OKLAHOMA 4-H SHOOTING SPORTS WORKSHOP
Instructor Certification Training
March 29-30, 2025
Oklahoma City Gun Club

Saturday, March 29th

8:00 -- 8:15 a.m.	Registration
8:15 a.m. -- 11:00 a.m.	First Shot Fundamentals and Discipline Training
11:00 a.m. -- 12:00 p.m.	General Session with 4-H Youth Development and Risk Management
12:00 -- 1:00 p.m.	Lunch
1:00 -- 6:00 p.m.	Discipline Training Continues
6:00 -- 7:00 p.m.	General Session with 4-H Youth Development
7:00 p.m.	Dinner and National Instructor's Meeting
8:00 -- 9:00 p.m.	Discipline Wrap up and announcements

Sunday, March 30th

8:00 a.m. -- 10:00 a.m.	Disciplines Training and Practicum Readiness
10:00 a.m. -- 11:30 a.m.	Discipline Practicum Rotation #1
11:30 a.m. -- 12:30 p.m.	Lunch
12:30 -- 1:45 p.m.	Discipline Practicum Rotation #2
1:45 to 2:00 p.m.	Pack up supplies and equipment along with firearms and bows
2:00 to 3:00 p.m.	De-brief Practicum Teaching Written Assessment and Review / Discipline Wrap-Up
3:15 to 3:30 p.m.	Training Evaluation -- Graduation -- Closing Comments

Registration Deadline: March 17, 2025

No alcohol is permitted at this 4-H activity.

**2025 OKLAHOMA 4-H SHOOTING SPORTS
INSTRUCTOR WORKSHOP APPLICATION - \$100**

Name: _____

Address: _____

City: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

County: _____ E-mail: _____

Required auxiliary aids or services due to a disability (please specify): _____

You may only attend one discipline during the training, however, please rank your 1st, 2nd and 3rd choices of disciplines to attend. (Rank only the disciplines you are willing to attend and serve as an instructor for in your county for a period of 1 year.) This will help us ensure you a space at the training.

Shotgun Archery Pistol/Rifle (Air & .22) Muzzleloader

Western Heritage Hunting Skills

All Participants must attend the 4-H Youth Development and Risk Management sessions!

I understand that if accepted to attend this workshop, I am agreeing to serve as an instructor in the 4-H Shooting Sports program for a minimum of one year. I also understand that I will be expected to attend the total instructional period in order to become certified.

Signature of Applicant

Print Name

E-mail Address

Cell Phone Number

Signature of endorsement by County Extension Educator certifying the applicant is a 4-H Certified Volunteer in good standing in your county and has been selected to attend 4-H Shooting Sports Instructor Training.

Signature of Ext. Educator _____ Date _____

Educator Email _____

Email registration to ruth.pratt@okstate.edu and Mail signed registration form and registration fee \$100 (COUNTY AGENCY CHECKS ONLY) to:

**State 4-H Office
293 Agricultural Hall
Stillwater, OK 74078**



Today's Date:	County
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Program/Camp/Trip/Event: Oklahoma 4-H Shooting Sports Instructor Certification Workshop	Overnight Event <input type="checkbox"/> YES <input type="checkbox"/> NO
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PARTICIPANT INFORMATION - REQUIRED

Name of Participant:

Address:	City:	State:	Zip:
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Date Of Birth:	Gender: <input type="checkbox"/> M <input type="checkbox"/> F
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INSURANCE INFORMATON - REQUIRED

Do you have health/accident insurance? (circle one):	<input type="checkbox"/> YES	<input type="checkbox"/> NO
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Insurance Company Name:

EMERGENCY CONTACT INFORMATION - REQUIRED

#1 Name	Relationship	Phone:
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#2 Name	Relationship	Phone:
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HEALTH HISTORY AND MEDICAL RECORD (This section is optional)

Types of Medications being taken <input type="checkbox"/> Prescription <input type="checkbox"/> Over the Counter	List Medications:
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Medical Marijuana - OSU receives federal funds and must comply with the Federal Drug-Free Schools and Communities Act and the Federal Drug-Free Workplace Act.

While the use of medical marijuana has been legalized in the state of Oklahoma, federal law prohibits the use, possession or cultivation of marijuana for any reason on the OSU campus and also prohibits the use and distribution of marijuana for any reason at events authorized or supervised by OSU (which includes programs offered by the Oklahoma Cooperative Extension Service and 4-H).

History of Allergies or reactions to:	Check ALL Allergies/Reactions		Explain Allergies/Reactions:
	<input type="checkbox"/> Medication	<input type="checkbox"/> Insects/stings/bites	
	<input type="checkbox"/> Plants	<input type="checkbox"/> Other	

History of Food Allergies?	Check ALL Allergies		Explain Food Allergies:
	<input type="checkbox"/> Eggs	<input type="checkbox"/> Nuts	
	<input type="checkbox"/> Dairy	<input type="checkbox"/> Wheat	
	<input type="checkbox"/> Fish/Shellfish	<input type="checkbox"/> Other	

Dietary Restrictions or special needs?	Explain Dietary Needs:
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Physical, behavioral or mental health condition that would limit participation in normal activities/projects?	Check ALL that apply		Explain Condition/Limitation(s):
	<input type="checkbox"/> ADD/HDHD	<input type="checkbox"/> Epilepsy/Convulsions	
	<input type="checkbox"/> Asthma	<input type="checkbox"/> Heart/Lung	
	<input type="checkbox"/> Autism/Asperser's	<input type="checkbox"/> Nose Bleeds	
	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Other	

Do any of the following Medical Assistance apply?	Check ALL that apply		Other: (Explain)
	<input type="checkbox"/> Dentures/Dental Plate/Partial/Retainer	<input type="checkbox"/> Prosthetic Wheelchair/Walker/Cane/Crutches	
	<input type="checkbox"/> Glasses/Contact Lenses	<input type="checkbox"/> Other	
	<input type="checkbox"/> Hearing Aid/Implant		

EMERGENCY MEDICAL RELEASE

I understand that a health problem or a medical emergency may develop that necessitates the administration of medical care, hospitalization or surgery. I further recognize and understand that there may be situations where I require immediate medical or hospital care, and it may not be possible to give my consent. In such situations, I give permission to Oklahoma State University and its representative(s) or agent(s) to provide this medical history form to health care personnel. I further authorize a physician, surgeon, other health care provider, or dentist to exercise his/her professional judgment and assess the risks and choose the necessary treatment from any available alternatives and to render such care and perform such treatment as he/she in his/her professional judgment determines to be necessary for my health and safety, and I authorize any hospital, clinic, or other health care provider to provide reasonable and necessary medical treatment or supplies.

For personal reasons I decline medical treatment Signature _____ Date _____

By signing below, I authorize the medical information on this form to be provided to any health care providers in case of an emergency.

Signed: _____
Volunteer/Paid Staff/OCES Employee

Date: _____
MM/DD/YY